Nature Activities for Autumn

Look for Colourful Leaves & Berries

As you walk through woodland around the nature reserve, look for colourful leaves with different shapes that have started to fall. What colours can you find?

What shapes do you see? Can you spot berries on bushes? What colours are the berries? Are any animals eating them?

Become an Animal Tracker

After rain, look for animal tracks in the mud. What can you see? Whose tracks do you think they are? Have any large mammals such as deer walked your route? Or perhaps you can see a bird's

track - 3 toes pointing forward and 1 toe pointing back. What do your footprints look like in the mud? Try walking and running through the mud, do your tracks change?



Make a Nature Mandala

In the woodland, use found materials such as pine cones, leaves and sticks to create a nature mandala. Start in the centre and build out in a pattern. Photograph your creation and leave it for others to enjoy when they

Go on a Fungus Foray

On your visit, look for fungi growing in the soil, among leaves or grass, or on fallen deadwood.

See how many different types you can spot or photograph. Look at their shapes, colours and textures, what can you see?



walk past.

Suggested Craft Activity to do at Home

Make a leaf print using an interesting leaf from your garden or local park. Put some paint or ink in a shallow tray or plate, then gently press your leaf into the colour. Take a piece of paper and place it on the leaf and gently rub over the paper. Lift off to reveal the print. If you would like to share your artwork with us, send a photo of the completed project to kate@kemerton.com.



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